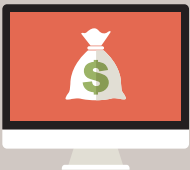




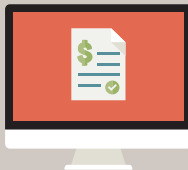
# HEALTH INSURANCE MADE EASY

Your personal health care information is at your fingertips with myWellmark® — no matter your location — with tools, resources and insights to help you manage health care spending and live a healthier life.

Use myWellmark to better understand and get the most from your health insurance benefits. With myWellmark, you can:



Estimate your cost of care for procedures and services before you go



View detailed claims information, including cost breakdown and status tracker



Track and organize your family's medical expenses



Receive electronic versions of your Explanation of Benefits (EOB)




Find a trusted provider in your plan's network



See relevant information related to your specific coverage

Get more from your health plan by registering at [myWellmark.com](https://mywellmark.com).

LEARN MORE 

# myWellmark streamlines your health insurance information and makes it easier to find what you need, when you need it, on any device.

## GET THE INFORMATION YOU NEED

Using your specific health plan benefits and a powerful suite of tools, myWellmark helps you make informed decisions:

- Find an in-network provider near you
- Know what your visits will cost before you go
- See your doctor's quality score and patient rating
- Read reviews from other patients and leave your own

## KEEP TABS ON CLAIMS AND SPENDING

On your personalized myWellmark, you'll see an at-a-glance overview of recent claims activity and whether a claim is paid, pending or denied (and why). Need more details, including your share of the cost? Just click on any claim.

## KNOW YOUR BENEFITS INSIDE AND OUT

When it comes to your coverage and benefits, myWellmark has you covered. You're able to:

- Keep track of services you've used
- Determine potential copay or coinsurance costs for in- and out-of-network services
- See how close you are to meeting your deductible and out-of-pocket maximums
- Choose how you would like to receive communications and important documents related to your benefits



**Your health care — at your fingertips. Get easy, on-the-go access to tools, resources and insights that help you manage health care spending and live a healthier life. It's all available in the myWellmark mobile app. The best part? It's free.**

## WITH THE MOBILE APP, YOU CAN:

- Log in securely using fingerprint or facial recognition technology\*
- View in-network doctors and hospitals
- Get health answers over the phone with one tap of a finger
- Connect directly to your provider's office or another health professional
- Find the closest doctor or facility, and get driving directions
- View and email your mobile ID card for easy, on-the-go access

\*If supported by your mobile device.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, los servicios de asistencia de idiomas se encuentran disponibles gratuitamente para usted. Comuníquese al 800-524-9242 o al (TTY: 888-781-4262).

注意：如果您说普通话，我们可免费为您提供语言协助服务。请拨打 800-524-9242 或（听障专线：888-781-4262）。

ACHTUNG: Wenn Sie deutsch sprechen, stehen Ihnen kostenlose sprachliche Assistenzdienste zur Verfügung. Rufnummer: 800-524-9242 oder (TTY: 888-781-4262).



Wellmark Blue Cross and Blue Shield of Iowa, Wellmark Health Plan of Iowa Inc., Wellmark Synergy Health, Inc., Wellmark Value Health Plan, Inc. and Wellmark Blue Cross and Blue Shield of South Dakota are independent licensees of the Blue Cross and Blue Shield Association. Blue Cross®, Blue Shield® and the Cross® and Shield® symbols are registered marks of the Blue Cross and Blue Shield Association, an Association of Independent Blue Cross and Blue Shield Plans. Wellmark® and myWellmark® are registered marks of Wellmark, Inc.

© 2018 Wellmark, Inc.